

**XISHAN PRIMARY SCHOOL**  
**CCE – TERM 1 SOW (2026)**  
**PRIMARY 4**

Wk	Date	Theme	Lesson	Value Focus	Keep C.A.L.M & Give	E21CC Competencies	Lesson Objectives	Teaching Resources <a href="#">I:\(11) CCE\CCE(MTL &amp; EL) LESSONS SOW &amp; RESOURCES\2026 CCE SOW</a>
2	12/01 - 16/01	Unit 1: Appreciating Experiences	<b>Lesson 1:</b> Appreciating the People and Experiences that Help us Grow	<ul style="list-style-type: none"> <li>Care for self and others</li> <li>Gratitude</li> </ul>	<b>Making Meaningful and Trusting Connections with Others</b> <b>Keep Learning: Growth Mind-set</b> The different experiences are precious, and they help us grow physically, intellectually and emotionally.	<ul style="list-style-type: none"> <li>Critical Thinking</li> <li>Civic Literacy</li> <li>Communication Skills</li> <li>Collaboration Skills</li> <li>Adaptive Thinking</li> </ul>	Students learn to appreciate the people and experiences that help them grow.	<ul style="list-style-type: none"> <li>Journal: pg 1-2</li> <li>Lesson Plan</li> <li>PPT Slides</li> </ul>
3	19/01 - 23/01		<b>Lesson 2:</b> Having a Sense of Hope during Challenging Times	<ul style="list-style-type: none"> <li>Curiosity</li> <li>Positive and optimistic outlook</li> </ul>	<b>Keep Learning: Growth Mind-set</b> When we have a sense of hope, it will help us manage the difficulties better and we will be more motivated to improve things.	<ul style="list-style-type: none"> <li>Critical Thinking</li> <li>Civic Literacy</li> <li>Adaptive Thinking</li> <li>Communication Skills</li> <li>Collaboration Skills</li> </ul>	Students learn the importance of having a sense of hope during challenging times.	<ul style="list-style-type: none"> <li>Journal: pg 3-4</li> <li>Lesson Plan</li> <li>PPT Slides</li> </ul>
4	26/01 - 30/01							
5	02/02 - 06/02		<b>Lesson 3:</b> Learning New Ways to Manage Challenging Situations	<ul style="list-style-type: none"> <li>Curiosity</li> <li>Positive and optimistic outlook</li> </ul>	<b>Keep Learning: Growth Mind-set</b> We take action to learn new skills and knowledge to overcome the problems we face.	<ul style="list-style-type: none"> <li>Adaptive Thinking</li> <li>Critical Thinking</li> <li>Civic Literacy</li> <li>Collaboration Skills</li> <li>Communication Skills</li> </ul>	Students learn the importance of sense of hope and learning new ways to manage challenging situations.	<ul style="list-style-type: none"> <li>Journal: pg 5</li> <li>Lesson Plan</li> <li>PPT Slides</li> </ul>

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6	09/02 - 13/02	Unit 2: My Elders, My Guides	<b>Lesson 1:</b> Listen and Learn from Elders	<ul style="list-style-type: none"> <li>Belief that one's abilities can be developed through dedication and effort</li> </ul>	<b>Making Meaningful and Trusting Connections with Others</b> <b>Keep Learning: Growth Mind-set</b> Through many ways, the elders around us can guide us to develop our character strengths over time.	<ul style="list-style-type: none"> <li>Civic Literacy</li> <li>Critical Thinking</li> <li>Collaboration Skills</li> <li>Communication Skills</li> <li>Adaptive Thinking</li> </ul>	Students learn that character strengths can be developed over time with guidance from elders around them.	<ul style="list-style-type: none"> <li>Journal: pg 6-8</li> <li>Lesson Plan</li> <li>PPT Slides</li> </ul>
7	16/02 - 20/02		<b>Lesson 2:</b> The Teachings from Wise People in the Community		<b>Making Meaningful and Trusting Connections with Others</b> <b>Keep Learning: Growth Mind-set</b> By following the teachings from wise people, we can develop our character and strengthen our relationships with one another.	<ul style="list-style-type: none"> <li>Civic Literacy</li> <li>Critical Thinking</li> <li>Collaboration Skills</li> <li>Communication Skills</li> <li>Adaptive Thinking</li> </ul>	Students learn that teachings from wise people in the community provide guidance in developing our character strengths and improving relationships.	<ul style="list-style-type: none"> <li>Journal: pg 9</li> <li>Lesson Plan</li> <li>PPT Slides</li> </ul>
8	23/02 - 27/02			<ul style="list-style-type: none"> <li>Respect for self</li> <li>Responsibility to self</li> </ul>	<b>Keep Learning: Growth Mind-set</b> When we have self-control, we manage our feelings and think before we act, and there will be positive outcomes for ourselves and others.	<ul style="list-style-type: none"> <li>Critical Thinking</li> <li>Adaptive Thinking</li> <li>Communication Skills</li> <li>Collaboration Skills</li> <li>Civic Literacy</li> </ul>	Students learn about developing the character strength of self-control.	<ul style="list-style-type: none"> <li>Journal: pg 10-11</li> <li>Lesson Plan</li> <li>PPT Slides</li> </ul>
9	02/03 - 06/03		<b>Lesson 3:</b> Self-control is Important					
10	09/03 - 13/03		<b>Lesson 4:</b> When We Forgive		<b>Making Meaningful and Trusting Connections with Others</b> When we forgive, it helps our well-being and strengthens our relationships.	<ul style="list-style-type: none"> <li>Critical Thinking</li> <li>Adaptive Thinking</li> <li>Communication Skills</li> <li>Collaboration Skills</li> <li>Civic Literacy</li> </ul>	Students learn about developing the character strength of forgiveness.	<ul style="list-style-type: none"> <li>Journal: pg 12</li> <li>Lesson Plan (Annex A)</li> <li>PPT Slides</li> </ul>

**Term 1 Public/School Holidays:**

- ☆ *New Year's Day (W1, 01 Jan)*
- ☆ *Chinese New Year School Holiday (W7, 17 & 18 Feb)*

**Remarks:**

- ☆ *Total Defence Day (W6, 13 Feb)*