

**XISHAN PRIMARY SCHOOL
CCE – TERM 2 SOW (2021)
PRIMARY 1**

Wk	Theme	Lesson	Value Focus	Keep C.A.L.M & Give	Lesson Objectives	Teaching resources
1	2) On My Own Two Feet	Lesson5: I'm Special, I'm Me! (60min)	Self- Respect and self-confidence are developed when one expresses one's uniqueness positively.	Mindfulness: Mindful Growth I am aware of things that upset me and I relish good experiences to make myself feel better.	Students are able to state what is unique about themselves.	TB: pg40-44 AB: pg 11
2		Simon Says, The Lion and The Mouse (60min)	Recognising the different talents of others is a way of showing respect for one another.	Mindfulness: Mindful Interactions I respect and try to understand other people's thoughts, feelings and experiences.	Students are able to state a positive uniqueness about their peers.	TB: pg 45-46 Video link: https://www.youtube.com/watch?v=GxcGVCEEdcU
3		Big Book: Is This yours? (60min)	Integrity. To be honest and not to take thing that does not belong to you, and return the lost item to its owner.	Be Active: Becoming an active agent of Change: I will offer my support to anyone who is in need.	Students are able to state the right behaviours (integrity behaviours) in the story.	Big Book
4	International Friendship Day (Lesson Package)					

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5	3) Happy Interactions	Lesson1: I Have Different Feelings (60min)	Care for self is demonstrated when one knows one's different feeling and is able to articulate the uncomfortable ones.	Mindfulness: Mindful Self I use breathing exercise to calm myself and connect my attention with my body and the environment.	Students are able to identify a variety of feelings; and list the feelings that can make them feel uncomfortable.	TB: pg47-51 AB: pg12-13
6		Lesson2: I Can Be Happy (60min)	Self-Responsibility is developed when one can manage one's uncomfortable feelings. Resilience can also be demonstrated when one faces these feelings and overcome them.	Mindfulness: MindfulGrowth I am aware of things that upset me and I relish good experiences to make myself feel better.	Students are able to understand that uncomfortable feelings have consequences; and state ways to manage uncomfortable feelings.	TB: pg52-56 AB: pg14-15
7		Lesson3: I Listen Before I Speak (60min)	Respect and Care for members when working in a team can be achieved through taking turns to speak and listen to one another.	Connect:Connectedness with Peers I value teamwork and appreciate my team members.	Students are able to state that a good team member will take turns to speak and listen attentively to others.	TB: pg57-61 AB: pg16-17
8		Lesson4: Let's Speak Respectfully	Speak respectfully when disagreements arise during discussions can help maintain positive relationships in a team.	Mindfulness:Mindful Interactions I respect and try to understand other people's thoughts, feelings and experiences.	Students are able to identify appropriate phrases to express their views respectfully during a disagreement.	TB: pg62-66 AB: pg18-19
9		Lesson5: Happy Family	Taking responsibility to care for family members builds harmonious relationships.	Give:Serving my family I will do my best to help my family members.	Students are able to identify what makes a happy family.	TB: pg67-71 AB: pg20-21

10		Lesson6: A Good Neighbour	Respecting and caring for our neighbours can build harmonious relationship in the community.	Give:Serving the community I will show gratitude by expressing appreciation to others.	Students are able to list ways of being a good neighbour.	TB: pg73-77 AB: pg22-23
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